



Abundant Wonder

Daily Routine

At Abundant Wonder, routine is more important than strict schedules. We strive to fit each of the elements into each day. The length of time spent on any one task is dependent on children's interest. Meal times are the only truly scheduled activities and are sometimes served outdoors or during an outing. Our routine might look a bit different in warmer weather.

7:30-9:00	Arrival/Free Play
9:15-9:45	AM Snack
10:00-10:30	Circle & Group Activity Time
10:30-12:00	Outdoor Play*
12:00-12:30	Select TV Programs
12:30-1:00	Lunch
1:00-1:30	Yoga
1:45-2:00	Story Time
2:00-4:00	Nap/Quiet Time
4:15-4:45	Snack
4:45-5:00	Outdoor Play*/Dismissal

*Prohibitive Weather: games/puzzles/dancing/movie/gross motor/etc