



Daily Routine

At Abundant Wonder Playcare, routine is more important than strict schedules. Meal times are the only truly scheduled activities and are sometimes served outdoors or during an outing. Our routine might look a bit different in warmer weather.

7:30-9:00	Arrival/Free Play
9:00-9:30	AM Snack
9:30-12:00	Exploratory Play*
12:00-12:30	Select TV Program
12:30-1:00	Lunch
1:00-1:15	Yoga/Mindfulness
1:30-2:00	Story Time
2:00-4:00	Nap/Quiet Time
4:00-4:30	PM Snack
4:30-5:00	Exploratory Play*/Dismissal

*Outdoors as much as weather allows